

Synplex Rapid

Synplex Rapid is a structured workshop process that enables participants to gain a shared understanding of a complex situation or challenge. It unlocks new perspectives, opens up new patterns of thinking, tests alignment, and clarifies barriers to progress.

The process is very effective where a new group or team has been formed, or when an existing group has reached some impasse or 'roadblock', where something needs to change to make progress. A valuable by-product is a 'team-building' effect as participants begin to understand the mental models held by the rest of the group, and gain fresh perspectives.

There are two standard formats:

- ½-day with up to 4 participants
- 1-day with up to 8 participants

When you should consider applying Synplex Rapid:

- A new group has been formed, with participants who have not worked as a team before
 - You need to accelerate the group's collective understanding of a shared complex challenge
- A group has reached a 'roadblock' in communications around a particular situation or challenge
 - The different perspectives of individuals are limiting the effectiveness of the team
 - Collectively you are "stuck"; you need a breakthrough
- A new and complex challenge has arisen
 - Stakeholders disagree on the best way forward

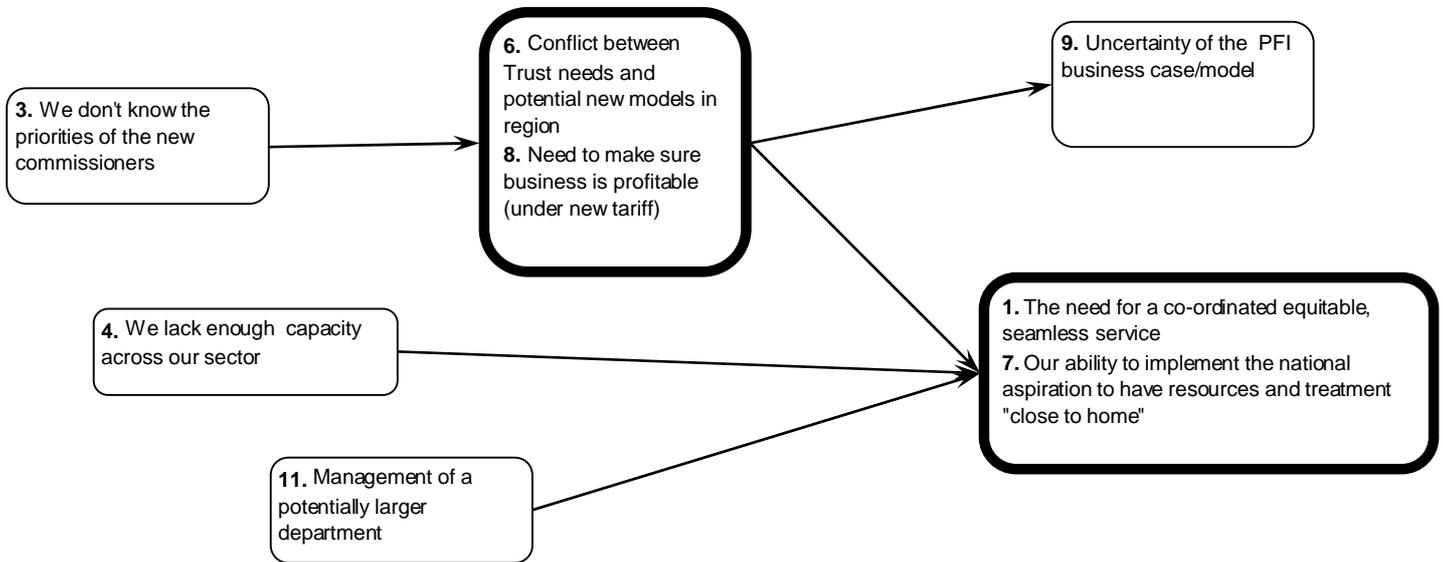
What you get:

- A shared understanding of how key factors relate to each other, represented on an "Influence Map"
- Clarity and focus on what should be prioritised to achieve breakthroughs
- Visibility of the key barriers to progress
- A sharing of mental models in support of better teamwork



Synplex Influence Map:

What are all the issues, barriers and challenges we face in implementing the new model?



Complexity Solutions:

Complexity Solutions has a 20-year track-record of using Synplex to resolve extremely complex, high value and often politically sensitive issues, with customers in a variety of business and government sectors in both North America and the UK. UK clients include the Ministry of Defence, Rolls-Royce plc and the NHS.

Synplex is also used with larger groups (15-30) in multi-day workshops, to gain a common understanding of a complex challenge and then to develop a 'breakthrough plan' to tackle it. Synplex Rapid has been developed in response to client demand for shorter more focussed sessions with smaller groups.

Customer feedback:

Ann Barnes, Deputy Chief Executive, **Stockport Foundation Trust**

"I found both the process and the delivery of the workshops, high quality with tangible outcomes. I would, and have, recommended the methodology to colleagues faced with resolving complex problems with multiple stakeholders"

Charles Cuddington, Chief Commercial Officer - Large Engines, **Rolls-Royce plc**:

"It would have been difficult to achieve a successful outcome without such a highly focused and expertly facilitated process."

For further information or a demonstration, contact us on 0161 439 3160 or at peter.miles@complexitysolutions.com